## Inpatient Rehabilitation Multi Trauma Patient Outcomes 2016

Located in New York’s Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2016, the hospital treated 1552 inpatients, who ranged in age from 14 - 98, with 847 male and 705 female.

### INPATIENT MULTI TRAUMA OUTCOMES AT HELEN HAYES HOSPITAL 2016

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<thead>
<tr>
<th></th>
<th>HHH</th>
<th>Region</th>
<th>Nation</th>
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<tbody>
<tr>
<td>Average Length of Stay (Days)¹</td>
<td>14</td>
<td>13</td>
<td>12</td>
</tr>
<tr>
<td>FIM² Gain (Points)</td>
<td>33</td>
<td>29</td>
<td>27</td>
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<tr>
<td>Discharge to Community³ (%)</td>
<td>88%</td>
<td>82%</td>
<td>83%</td>
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<tr>
<td>Living at Home 3 Months Post Discharge⁴ (%)</td>
<td>100%</td>
<td>89%</td>
<td>79%</td>
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<tr>
<td>Case Mix Index⁵</td>
<td>1.19</td>
<td>1.3</td>
<td>1.26</td>
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¹While our length of stay is minimally longer, this is reflected in the more significant functional gains our patients make from admission to discharge.
²A larger percentage of patients are discharged home as compared to the region and the nation. Tracheostomies may need further rehab at skilled nursing facilities before they are able to return home.
³A larger percentage of patients are discharged home as compared to the region and the nation. Tracheostomies may need further rehab at skilled nursing facilities before they are able to return home.
⁴In 2016, a full 100% of multi trauma patients are continuing to live at home at the three month mark, again a reflection of the FIM gains.
⁵In the higher the value, the more severe the case.

Measuring Up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

- **eRehabData** – measures the patient’s functional gains during their acute rehabilitation hospitalization
- **IT HealthTrack** – assesses the patient’s status three months after discharge
- **Press Ganey** – measures and tracks patient satisfaction with hospital facilities, programs, services and staff

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Multi Trauma patients are individuals who have sustained debilitating injuries that may have resulted from a motor vehicle accident, traumatic fall or a sports related injury. In addition, patients are admitted for rehabilitation if they have become extremely debilitated following a long illness, or as the result of prolonged hospitalizations or complications following surgery.

Through intensive therapies and 24/7 medical and nursing care, the goal is to help the patient return home with the maximum functioning possible.
Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 110 years, we have excelled in providing the medical, nursing and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school and home.

Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing and therapeutic care, paired with the most cutting-edge rehab technology, means we can admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

Thank you for such a wonderful experience. Your nurses, doctors, physical and occupational therapists are the best at what they do. You saved my life.”

Inpatient Admission Referral Center
845-786-4535
1-888-70-REHAB ext 4535

Tours are provided
Monday through Friday
By appointment: 845-786-4233

Outpatient Appointments
845-786-4194

One of the country’s very first specialty physical rehabilitation facilities.