Located in New York’s Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2016, the hospital treated 1552 inpatients, who ranged in age from 14 - 98, with 847 male and 705 female.

The goal of Stroke Rehabilitation is to restore the greatest degree of functioning while helping to prevent recurring strokes in the future. Providing caregiver education is vital.

Therapy is provided for resulting disabilities, including:

- Paralysis
- Weakness
- Trouble walking
- Balancing
- Eating & swallowing
- Bathing & dressing
- Communicating
- Limitations in memory
- Emotional control
- Bladder & bowel disorders

<table>
<thead>
<tr>
<th>INPATIENT STROKE OUTCOMES AT HELEN HAYES HOSPITAL 2016</th>
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<tbody>
<tr>
<td>HHH</td>
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<tr>
<td>Average Length of Stay (Days)¹</td>
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<tr>
<td>FIM² Gain (Points)</td>
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<td>Discharge to Community³ (%)</td>
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<tr>
<td>Living at Home 3 Months Post Discharge⁴ (%)</td>
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<td>Case Mix Index⁵</td>
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</tbody>
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¹The hospital’s Length of Stay was slightly higher in 2016, resulting in better functional outcomes.
²Functional Independence Measure: Our functional gains, using the FIM tool, are significantly higher than the region and the nation, and have been for three consecutive years.
³The severity of the stroke cases we treat at HHH are higher than both the region and nation. Many of the patients that use ventilators or have tracheostomies may need further rehab at skilled nursing facilities before they are able to return home.
⁴Our stroke patients continue to be able to live at home three months post discharge at very high rates.
⁵In general, the severity of the stroke cases we see at HHH are a little higher than both the region and nation, and in spite of that, our functional outcomes are still higher.

Measuring Up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

- eRehabData – measures the patient’s functional gains during their acute rehabilitation hospitalization
- IT HealthTrack – assesses the patient’s status three months after discharge
- Press Ganey – measures and tracks patient satisfaction with hospital facilities, programs, services and staff
Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 110 years, we have excelled in providing the medical, nursing and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school and home.

Our interdisciplinary team approach to rehabilitation
and depth of medical, nursing and therapeutic care, paired with the most cutting-edge rehab technology, means we can admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

Inpatient Admission Referral Center
845-786-4535
1-888-70-REHAB ext 4535

Tours are provided
Monday through Friday
By appointment: 845-786-4233

Outpatient Appointments
845-786-4194

One of the country’s very first specialty physical rehabilitation facilities.

...From the moment we approached your facility, from the visual signs of recovery, messages of hope, pictures of patients standing victorious, we knew that our father was in the best place he could be. We cannot thank you enough.”