

Brain Injury Program- Disclosure Statement 2017:

Helen Hayes Hospital's Brain Injury Program is an individualized combination of medical & therapeutic techniques provided by the physician & the professional rehabilitation staff. The program is designed for persons of young adult through lifespan, recovering from a traumatic or non-traumatic injury. The program offers patients the opportunity to be placed in the Neuro Recovery Program (NRP) & or progress into acute rehabilitation. The determination is made through information gathered from the pre admission and admission process and most importantly from the initial evaluations and team consultation. The NRP was developed in 1993 and is designed to prevent or minimize secondary complications of brain injury, which are commonly observed in comatose head injury survivors. Our program offers coma stimulation, vent – weaning & swallow mgmt as well as access to cognitive testing and psychological counseling. The Acute program offers an intensive interdisciplinary program, designed specifically for each patient based on needs & goals. The focus is on mobility, custom seating, activities of daily living, cognition & memory, exercise & strengthening, adaptive equipment, physical endurance, health and nutrition management. Throughout the patient's stay, the team works to promote optimum independence and well-being. The patient's length of stay is based upon progress, and medical necessity. This is determined through weekly analysis of the functional gains and goal attainment.

Purposes of the Program

- To provide medical and rehabilitation management of the brain injury patient through the collaborative efforts of the physician and the rehabilitation staff.
- To provide an individualized plan of treatment program designed to improve the patient's physical, mental, social and speech functions.
- To provide education to the patient and caregivers regarding all aspects of rehab management.
- To facilitate discharge planning by providing information about brain injury and the community resources available to the patient and caregivers.
- To facilitate continuum of care by providing referrals to Outpatient services, home care agencies, sub-acute facilities or long-term placements as needed.

Results from the Brain Injury Program in 2017

	Traumatic	Non Traumatic
Patients treated in the Program	82	155
Average Age	60	65
Gender Split	M: 48 pts F: 34 pts	M: 66 pts F: 58 pts
Discharged back to their community	52%	65%
Discharged to Acute Care	17%	17%
Discharged sub acute program	29%	17%
Average length of stay	24 days	19 days
Average amount of therapies per day	3.00 hrs	3.00 hrs
Average satisfaction with services	95%	95%

*RecTherapy is not included in the hours of therapy per day. This service is indicated by individual patient needs. **Please contact your Program Director, Jacqueline Velez, MSPT if there is other outcome info you would like. (845) 786-4579 or email to velezj@helenhayeshosp.org**