

## Cardiac and Pulmonary Programs Disclosure Statement

Helen Hayes Hospital's Cardiac Program is an individualized combination of medical and therapeutic techniques provided by the physician and the clinical rehabilitation staff. The programs are designed for persons, ages 20 through lifespan, who are recovering from a cardiovascular incident caused by coronary artery disease, valvular disease, peripheral vascular disease, idiopathic cardiomyopathy and other cardiovascular pathology. The Pulmonary program is designed for patients with chronic lung diseases such as emphysema, chronic bronchitis, asthma, bronchiectasis, interstitial lung disease and lung surgery.

- Throughout the patient's stay in the Program, the physician, rehabilitation nursing staff, occupational, physical, respiratory therapist, case manager, speech pathologist and mental health specialist (if needed), and recreation therapist (upon request) work closely together to facilitate rehabilitation and promote optimum independence and well being.
- The rehabilitation team determines the length of stay for the patient based upon patients' functional progress and medical necessity. Admission criteria require all patients receive a minimum of three hours of therapy.

### Purposes of the Program

- To provide medical management of the cardiac or pulmonary patient through the collaborative efforts of the physician, and the clinical rehabilitation staff.
- To provide an individualized plan of treatment designed to minimize the patient's impairments, reduce disability and achieve predicted outcomes.
- To facilitate discharge planning by providing information about heart or lung disease and the community resources available to the patient and family.
- Facilitate continuum of care by providing referrals to the OPCR and OPPR programs, home care agencies when appropriate and follow up with referring physicians.

### Results from the Cardiac/Pulmonary Program in 2017

	Cardiac	Pulmonary(COPD)
Patients treated	150	84
Average Age	73.8	73.65
Gender Split	M:92 pts. (61.3%) F: 58 pts. (38.7%)	M: 22 pts.(26.2%) F: 62 pts. (73.8%)
Discharged back to their community	86.67%	79.76%
Discharged to a long-term care facility	0	0
Discharged to a lower level of care for continued therapy in transition to home	6.0%	5.95%
Discharged to Acute Care	7.33%	14.29%
<b>Average</b> length of stay	9.43 days	10.02 days
<b>*Average</b> amount of therapies per day for cardiac program	3 hours	3 hours
<b>**Average</b> satisfaction with services	92%	92%

\*Recreational Therapy is not included in the hours of therapy per day.  
This service is indicated by individual patient needs.

Please contact your program director, Terry Berg, OTR/L if there is other outcome information you would like. 845-786-4358 or email [bergt@helenhayeshosp.org](mailto:bergt@helenhayeshosp.org)