



Orthopedic/MusculoSkeletal Program Disclosure Statement

Helen Hayes Hospital's MusculoSkeletal Program is an individualized combination of medical and therapeutic techniques provided by the physician, nurse practitioner and the clinical rehabilitation staff. The program is designed for persons, ages 20 and older, who are recovering from orthopedic surgeries, resulting from either an osteoarthritic condition or from a fracture.

- Throughout the patient's stay in the Program, the physician, nurse practitioner, rehabilitation nurses, occupational, physical therapist, case manager, mental health specialist (if needed) and recreational therapist (upon request) work closely together to facilitate rehabilitation to promote optimum independence and wellbeing.
- The rehabilitation team determines the length of stay based upon patients' functional progress and medical necessity. Admission criteria require patients' receive a minimum of three hours of therapy.

Purposes of the Program

- To provide medical management of the musculoskeletal patient through the collaborative efforts of the physician, nurse practitioner and the clinical rehabilitation staff.
- To provide an individualized plan of treatment designed to minimize the patient's impairments, reducing disability and achieve predicted outcomes.
- To facilitate discharge planning by providing information about the specific impairment and the community resources available to the patient and family.
- Facilitate continuum of care by providing referrals to outpatient orthopedic programs, home care agencies when appropriate and follow up with referring physicians.

Results from the Musculoskeletal Program in 2017

	Hip Fracture	Unilateral Knee Replacement	Bilateral Knee Replacement	Unilateral Hip Replacement	Bilateral Hip Replacement
Number of patients	35	33	58	10	2
Average Age	79	65.7	62.9	58.6	38.5
Discharged back to their community	77%	87.8%	94.8%	100%	100%
Discharged to a lesser level of care for continued therapy/ transition to home	22.8%	12.12%	3.45%	0%	0%
D/C to Acute Care	0%	0%	1.7%	0%	0%
Average length of stay	10.86 days	8.33 days	8.28 days	9.3 days	5.5 days
*Average amount of therapies per day	3 hours	3 hours	3 hours	3 hours	3 hours
**Average satisfaction with services					

* Recreational Therapy is not included in the hours of therapy per day. This service is indicated by individual patient needs.

Please contact your program director, Terry Berg, OTR/L if there is other outcome information you would like. 845-786-4358 or email bergt@helenhayeshosp.org.

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