

Inpatient Rehabilitation Orthopedic/Joint Replacement Outcomes 2017

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2017, the hospital treated 1279 inpatients, who ranged in age from 14 - 98, with 651 male and 628 female.

The referring physician's protocols concerning weight bearing, medication and therapies are precisely followed and form the basis of the treatment plan at HHH, which may include:

- Physical & Occupational Therapy
 - Individual & group therapy utilizing NuStep®, CPM & other equipment
 - Pain management
 - Patient education including falls prevention
 - Customized home exercise program

Both acute and sub-acute rehab options are available for orthopedic/joint replacement patients.

ORTHOPEDIC/JOINT REPLACEMENT OUTCOMES AT HELEN HAYES HOSPITAL 2017

	HHH	Region	Nation
Average Length of Stay (Days) ¹			
Orthopedic Patients	12	10.5	11
Joint Replacement Patients	8.3	8.4	8.7
FIM ² Gain (Points)			
Orthopedic Patients	29	26	25
Joint Replacement Patients	29.2	27.7	26.9
Discharge to Community (%)			
Orthopedic Patients	80%	81%	80%
Joint Replacement Patients	93.2%	95.1%	93.7%
Living at Home 3 Months Post Discharge ³ (%)			
Orthopedic Patients	98%	94%	80%
Joint Replacement Patients	100%	95.9%	93.2%

¹ Our Joint Replacement patients consistently have a shorter length of stay than the nation and the region.

² While patients with other Orthopedic conditions may stay a day longer than the national average, both groups of patients make greater functional gains as compared to the region and the nation.

³ Almost all HHH patients continue to be living at home 3 months post discharge, a testament to the care received at HHH.

Measuring Up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

eRehabData – measures the patient's functional gains during their acute rehabilitation hospitalization

IT HealthTrack – assesses the patient's status three months after discharge

Press Ganey – measures and tracks patient satisfaction with hospital facilities, programs, services and staff