

Inpatient Rehabilitation Stroke Patient Outcomes 2017

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2017, the hospital treated 1279 inpatients, who ranged in age from 14 - 98, with 651 male and 628 female.

The goal of Stroke

Rehabilitation is to restore the greatest degree of functioning while helping to prevent recurring strokes in the future. Providing caregiver education is vital.

Therapy is provided for resulting disabilities, and difficulties with:

- Paralysis
- Weakness
- Trouble walking
- Balancing
- Eating & swallowing
- Bathing & dressing
- Communicating
- Limitations in memory
- Emotional control
- Bladder & bowel control

INPATIENT STROKE OUTCOMES AT HELEN HAYES HOSPITAL 2017

	HHH	Region	Nation
Average Length of Stay (Days) ¹	23	19	18
FIM ² Gain (Points)	31	24	24
Discharge to Community ³ (%)	52	54	61
Living at Home 3 Months Post Discharge ⁴ (%)	87	75	77
Case Mix Index ⁵	1.84	1.64	1.56

¹The hospital's Length of Stay was slightly higher in 2016, resulting in better functional outcomes.

²Functional Independence Measure: Our functional gains, using the FIM tool, are significantly higher than the region and the nation, and have been for four consecutive years.

³The severity of the stroke cases we treat at HHH are higher than both the region and nation. Many of the patients that use ventilators or have tracheostomies may need further rehab at skilled nursing facilities before they are able to return home.

⁴Our stroke patients continue to be able to live at home three months post discharge at very high rates.

⁵In general, the severity of the stroke cases we see at HHH are a little higher than both the region and nation, and in spite of that, our functional outcomes are still higher.

Measuring Up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

eRehabData – measures the patient's functional gains during their acute rehabilitation hospitalization

IT HealthTrack – assesses the patient's status three months after discharge

Press Ganey – measures and tracks patient satisfaction with hospital facilities, programs, services and staff