Located in New York’s Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2017, the hospital treated 1279 inpatients, who ranged in age from 14 - 98, with 651 male and 628 female.

### The goal of Stroke Rehabilitation

The goal of Stroke Rehabilitation is to restore the greatest degree of functioning while helping to prevent recurring strokes in the future. Providing caregiver education is vital.

### Therapy is provided for resulting disabilities, and difficulties with:

- Paralysis
- Weakness
- Trouble walking
- Balancing
- Eating & swallowing
- Bathing & dressing
- Communicating
- Limitations in memory
- Emotional control
- Bladder & bowel control

### Measuring Up:

Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

- eRehabData – measures the patient’s functional gains during their acute rehabilitation hospitalization
- IT HealthTrack – assesses the patient’s status three months after discharge
- Press Ganey – measures and tracks patient satisfaction with hospital facilities, programs, services and staff

### INPATIENT STROKE OUTCOMES AT HELEN HAYES HOSPITAL 2017

<table>
<thead>
<tr>
<th></th>
<th>HHH</th>
<th>Region</th>
<th>Nation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Length of Stay (Days)¹</td>
<td>23</td>
<td>19</td>
<td>18</td>
</tr>
<tr>
<td>FIM² Gain (Points)</td>
<td>31</td>
<td>24</td>
<td>24</td>
</tr>
<tr>
<td>Discharge to Community³ (%)</td>
<td>52</td>
<td>54</td>
<td>61</td>
</tr>
<tr>
<td>Living at Home 3 Months Post Discharge⁴ (%)</td>
<td>87</td>
<td>75</td>
<td>77</td>
</tr>
<tr>
<td>Case Mix Index⁵</td>
<td>1.84</td>
<td>1.64</td>
<td>1.56</td>
</tr>
</tbody>
</table>

¹The hospital’s Length of Stay was slightly higher in 2016, resulting in better functional outcomes.
²Functional Independence Measure: Our functional gains, using the FIM tool, are significantly higher than the region and the nation, and have been for four consecutive years.
³The severity of the stroke cases we treat at HHH are higher than both the region and nation. Many of the patients that use ventilators or have tracheostomies may need further rehab at skilled nursing facilities before they are able to return home.
⁴Our stroke patients continue to be able to live at home three months post discharge at very high rates.
⁵In general, the severity of the stroke cases we see at HHH are a little higher than both the region and nation, and in spite of that, our functional outcomes are still higher.