

## Stroke Program Disclosure Statement

Helen Hayes Hospital's Stroke Program is an individualized combination of medical and therapeutic techniques provided by the physician and the professional rehabilitation staff. The program is designed for persons of young adult through lifespan, who are recovering from a cerebral vascular incident. The program offers acute rehabilitation, designed specifically for each patient based on needs and goals. Also offered is a lifetime follow-up with extensive outpatient services.

- Throughout the patient's stay in the program, the MD, rehabilitation nursing staff, therapy staff, and case manager work closely together to facilitate rehabilitation so as to promote optimum independence and function.
- The rehabilitation team determines the length of stay based upon patient progress and medical necessity. Patients receive a minimum of three hours of therapy.

## Purposes of the Program

- To provide medical and rehabilitation management of the stroke injury patient through the collaborative efforts of the physician and the rehabilitation staff.
- To provide an individualized plan of treatment designed to minimize the patient's impairments and to address the patient's goals.
- To provide education to the patient and/or caregivers regarding all aspects of management.
- To facilitate discharge planning by providing information about stroke injury and the community resources available to the patient and family.
- To facilitate continuum of care by providing referral to home services, OP services, subacute or long-term care facilities.

## Results from the Stroke Program in 2017

Patients treated in the Program	285
Average Age	67 years old
Gender Split	154 males 131 females
Discharged back to their community	52%
Discharged to Acute Care	16%
Discharged to a lesser level of care for continued therapy in transition to home	32%
<b>Average</b> length of stay	23 days
<b>*Average</b> amount of therapies per day	3 hrs
<b>Average</b> satisfaction with services	97%

*\*Recreational Therapy is not included in the hours of therapy per day.  
This service is indicated by individual patient needs.*

Please contact your Program Director, John Ficucello, PT, MPT if there is other outcome information you would like. He can be reached at (845) 786-4799 or email to [Ficucelloj@helenhayeshosp.org](mailto:Ficucelloj@helenhayeshosp.org).