



## Modified Medical Research Council Scale (mMRC)

Name				Date	
<input type="checkbox"/> OPCR	<input type="checkbox"/> OPPR	<input type="checkbox"/> Pre	<input type="checkbox"/> 30 day	<input type="checkbox"/> 60 day	<input type="checkbox"/> DC

Choose one row that best describes your current level of shortness of breath

Check One	Description of Breathlessness	Grade
	I only get breathless with strenuous exercise.	0
	I get short of breath when hurrying on level ground or walking up a slight hill.	1
	On level ground, I walk slower than people of the same age because of breathlessness, or have to stop for breath when walking at my own pace.	2
	I stop for breath after walking about 100 yards or after a few minutes on level ground.	3
	I am too breathless to leave the house or I am breathless when dressing.	4

Office Use Only Score
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