Multi Trauma patients are individuals who have sustained debilitating injuries that may have resulted from a motor vehicle accident, traumatic fall, or a sports related injury. In addition, patients are admitted for rehabilitation if they have become extremely debilitated following a long illness, or as the result of prolonged hospitalizations or complications following surgery.

Through intensive therapies and 24/7 medical and nursing care, the goal is to help the patient return home with the maximum

---

**Inpatient Multi Trauma Outcomes 2019**

Located in New York’s Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2019, the hospital treated 1871 inpatients, who ranged in age from 14 - 98.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Length of Stay (Days)</td>
<td>18.83</td>
</tr>
<tr>
<td>Discharge to Community (%)</td>
<td>77.14</td>
</tr>
<tr>
<td>Case Mix Index¹</td>
<td>1.29</td>
</tr>
</tbody>
</table>

¹The higher the value, the more severe the case.

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

- **eRehabData** – measures the patient’s functional gains during their acute rehabilitation hospitalization
- **Press Ganey** – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff
Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

“Thank you for such a wonderful experience. Your nurses, doctors, physical and occupational therapists are the best at what they do. You saved my life.”

Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 110 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.