

## Inpatient SubAcute Rehabilitation Unit Patient Outcomes 2019

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2019, the SubAcute Rehabilitation Unit treated 489 residents, who ranged in age from 33 – 99. The average length of stay was 14.53 days.

### The Hospital's SubAcute Rehabilitation Unit offers an expanded level of service

to patients in need of short-term rehabilitation care and/or skilled nursing services before returning home. SubAcute rehab is well suited for individuals who may not be medically able to participate in full-day, intensive therapy, such as those with orthopedic injuries, who are not yet weight-bearing, as well as individuals recovering from hip or knee surgery, general surgical procedures, or those who are medically deconditioned.

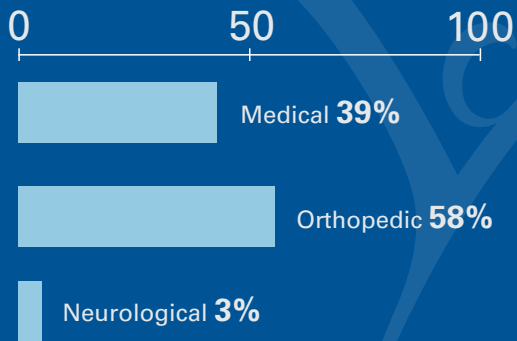
#### Treatment goals may include:

- Walking
- Climbing stairs independently
- Regaining strength and endurance
- Managing daily routines, such as bathing/dressing
- Transfer techniques

### INPATIENT SUBACUTE UNIT OUTCOMES 2019\*

	HHH	Nation
Residents who are at or above an expected ability to care for themselves at discharge (%)	63.7%	52.8%
Residents who improved in their ability to move around on their own (%)	96.8%	69%
Residents Successfully Discharged to the Community (%)	80.9%	50.14%

\*Centers for Medicare and Medicaid Services.



PRIMARY REASON FOR ADMISSION TO THE SUBACUTE REHABILITATION UNIT

### Inpatient Admission Referral Center

845-786-4535  
1-888-70-REHAB ext 4535

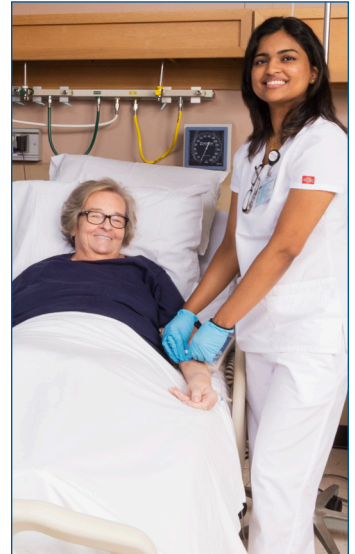
Tours are provided  
Monday through Friday  
By appointment: 845-786-4233

### Outpatient Appointments

## Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive an individualized treatment plan, allowing them to make functional gains and improve their health status.

“Your staff welcomed me and gave me the best in accommodation, care and treatment. Even if my stay was relatively short, I felt the positive impact of a highly skilled and professional staff working compassionately to rehabilitate and restore health.”



**Helen Hayes Hospital** has a well-earned reputation of excellence in rehabilitation medicine. For over 110 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.



Route 9W, West Haverstraw, NY 10993  
1-888-70-REHAB

HELEN HAYES  
HOSPITAL