

# Inpatient Rehabilitation Cardiac Patient Outcomes 2020

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2020, the hospital treated 1214 inpatients, who ranged in age from 15 - 95.

**Patients can benefit from inpatient rehab** following a heart transplant, heart attack, cardiac surgery, or after a complicated hospitalization for heart disease.

**Individual goals may include** stabilization of cardiac symptoms, medication & oxygen management, independence in self-care at home, improved ability to walk safely, the ability to perform a home exercise program & attend an outpatient cardio exercise program, and/or return to work. Patient and family education about risk factor reduction, nutrition, and medication management are also important components of the program.

**After discharge, patients are encouraged to enroll in an outpatient cardiac exercise or rehabilitation program to continue recovery, either at HHH or in their community.**

## INPATIENT CARDIAC OUTCOMES AT HELEN HAYES HOSPITAL 2020

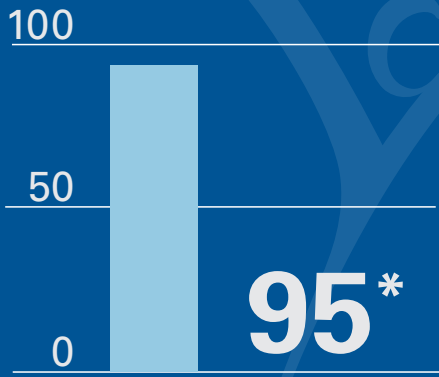
Average Length of Stay (Days)	11.41
Discharge to Community (%)	87.50
Case Mix Index (%)	1.15

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

**eRehabData** – measures the patient's functional gains during their acute rehabilitation hospitalization

**Press Ganey** – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff

## Patient Satisfaction Score



\*Press Ganey

### Inpatient Admission Referral Center

845-786-4535

1-888-70-REHAB ext 4535

### Tours are provided

Monday through Friday

By appointment: 845-786-4233

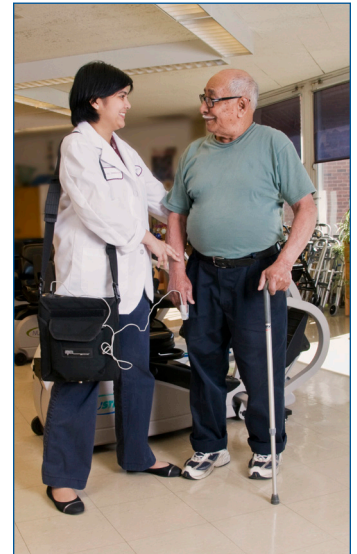
### Outpatient Appointments

845-786-4194

## Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

“... with the guidance and support of your wonderful staff, I could feel myself improving daily... I have nothing but praise for every aspect of the rehabilitation program at Helen Hayes...my speedy recuperation was due in large part to all of you.”



One of the country's very first specialty physical rehabilitation facilities.

**Helen Hayes Hospital** has a well-earned reputation of excellence in rehabilitation medicine. For over 110 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.



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1-888-70-REHAB  
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HELEN HAYES  
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