The goal of Stroke Rehabilitation is to restore the greatest degree of functioning while helping to prevent recurring strokes in the future. Providing caregiver education is vital.

Therapy is provided for resulting disabilities and difficulties with:
- Paralysis
- Weakness
- Trouble walking
- Balancing
- Eating & swallowing
- Bathing & dressing
- Communicating
- Limitations in memory
- Emotional control
- Bladder & bowel control

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Located in New York’s Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2020, the hospital treated 1214 inpatients, who ranged in age from 15 - 95.

The severity of the stroke cases we treat at HHH are higher than both the region and nation. Many of the patients that use ventilators or have tracheostomies may need further rehab at skilled nursing facilities before they are able to return home.

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:
- eRehabData – measures the patient’s functional gains during their acute rehabilitation hospitalization
- Press Ganey – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff

<table>
<thead>
<tr>
<th>INPATIENT STROKE OUTCOMES AT HELEN HAYES HOSPITAL 2020</th>
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<tbody>
<tr>
<td>Average Length of Stay (Days)</td>
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<tr>
<td>Discharge to Community¹ (%)</td>
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<tr>
<td>Case Mix Index</td>
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</tbody>
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Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 110 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.