

## Inpatient Rehabilitation Brain Injury Patient Outcomes 2021

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2021, the hospital treated 1037 inpatients, who ranged in age from 15 - 97.

This program treats the many complex effects of Brain Injury, such as difficulty walking, communicating, eating and dressing, limitations in memory and thinking skills, and social, emotional, and cognitive disorders.

**Patients benefit** from access to the latest technology and equipment, advanced therapies, a highly skilled and specialized team of clinicians,, and intensive and comprehensive treatment plans, which include:

- Intensive physical, occupational, and speech therapy
- Coma Stimulation Program
- Body Weight Supported Gait Training
- Aquatic Therapy
- Dysphagia/Swallowing Therapy
- Functional Electrical Stimulation
- Ventilator Weaning and Management
- Adapted Driving
- Adapted Sports & Recreation
- TBI Support Group
- Psychiatry/Psychology Services

### INPATIENT TRAUMATIC & NON-TRAUMATIC BRAIN INJURY\* OUTCOMES AT HELEN HAYES HOSPITAL 2021

Average Length of Stay (Days)	
Traumatic BI	19
Non-Traumatic BI	21
Discharge to Community <sup>1</sup> (%)	
Traumatic BI	46
Non-Traumatic BI	56
Case Mix Index <sup>2</sup>	
Traumatic BI	1.81
Non-Traumatic BI	1.52

\*Traumatic BI: includes motor vehicle falls, acts of violence, etc. Non-Traumatic BI: includes tumors, infection, cerebral aneurysm, etc.

<sup>1</sup> The severity of BI cases treated at HHH are higher than the nation and region. Many of the patients may need further rehab at a skilled nursing facility or transitional program before returning home.

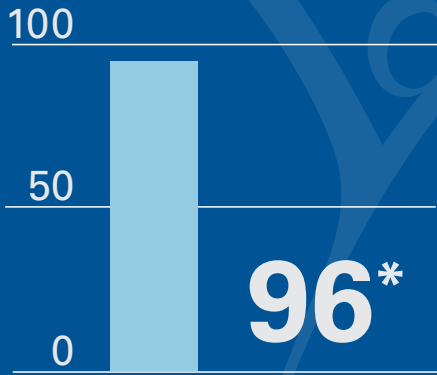
<sup>2</sup> The CMI is a measure of the medical complexity of a patient. HHH has always admitted more medically complicated and complex patients than the region and the nation.

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

**eRehabData** – measures the patient's functional gains during their acute rehabilitation hospitalization

**Press Ganey** – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff

## Patient Satisfaction Score



\*Press Ganey

### Inpatient Admission Referral Center

845-786-4535

1-888-70-REHAB ext 4535

### Tours are provided

**Monday through Friday**

By appointment: 845-786-4233

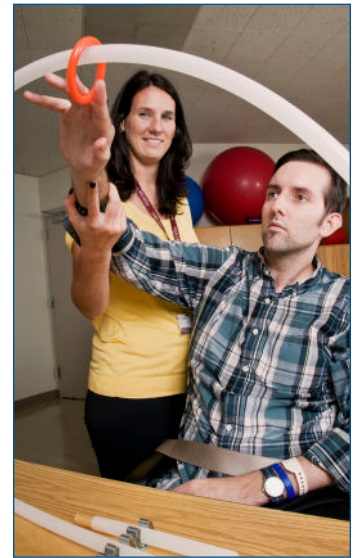
### Outpatient Appointments

845-786-4194

## Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

“My father suffered a traumatic brain injury which completely disabled his ability to walk, talk, eat, etc. He was treated with the most amazing care and had the most amazing rehab team... My father has made an unbelievable recovery.”



**One of the country's very first specialty physical rehabilitation facilities.**

**Helen Hayes Hospital** has a well-earned reputation of excellence in rehabilitation medicine. For over 121 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.

