

## Inpatient Acute Rehabilitation Outcomes 2021

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2021, the hospital treated 1037 inpatients, who ranged in age from 15 - 97.

## Many factors influence a patient's outcome:

- Prior health
- Functional status
- Pre-existing conditions
- Severity of disability
- Complications
- Length of acute hospital stay

**Working closely with families and caregivers is our specialty,** thereby reducing readmissions to hospitals and enabling patients to return home, rather than being discharged to a nursing home or other facility.

**We work together with the patient as a team, toward mutually determined goals, with patient safety and optimal recovery as the desired outcome.**

### OVERALL FACILITY INPATIENT OUTCOMES AT HELEN HAYES HOSPITAL 2021

Average Length of Stay (Days)	18.90
Average Onset Days	19.77
Discharge to Community <sup>1</sup> (%)	59
New or Worsened Pressure Ulcers (%)	1.25
Case Mix Index <sup>2</sup>	1.62

<sup>1</sup>Sometimes patients cannot be discharged home because support systems are not available or a temporary stay in a subacute facility is needed.

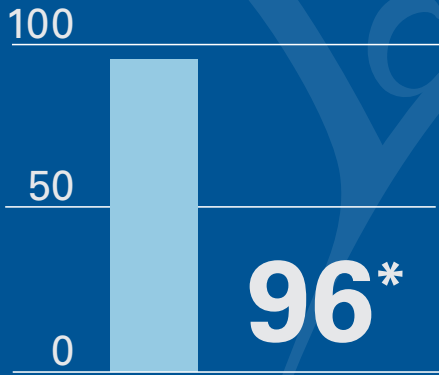
<sup>2</sup>The higher the value, the more severe the case.

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

**eRehabData** – measures the patient's functional gains during their acute rehabilitation hospitalization

**Press Ganey** – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff

## Patient Satisfaction Score



\*Press Ganey

### Inpatient Admission Referral Center

845-786-4535

1-888-70-REHAB ext 4535

### Tours are provided

Monday through Friday

By appointment: 845-786-4233

### Outpatient Appointments

845-786-4194

## Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology rehabilitation, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

“Words are powerless to express our heartfelt thanks... Your facility is amazing. Someone told me, ‘magical things happen here,’ and he was so right!”



One of the country's very first specialty physical rehabilitation facilities.

**Helen Hayes Hospital** has a well-earned reputation of excellence in rehabilitation medicine. For over 121 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.



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HELEN HAYES  
HOSPITAL