

Inpatient Rehabilitation Multi Trauma Patient Outcomes 2021

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2021, the hospital treated 1037 inpatients, who ranged in age from 15 - 97.

Multi trauma patients are individuals who have sustained debilitating injuries that may have resulted from

a motor vehicle accident, traumatic fall, or a sports related injury. In addition, patients are admitted for rehabilitation if they have become extremely debilitated following a long illness, or as the result of prolonged hospitalizations or complications following surgery.

Through intensive therapies and 24/7 medical and nursing care, the goal is to help the patient return home with the maximum functioning possible.

INPATIENT MULTI TRAUMA OUTCOMES 2021

Average Length of Stay (Days)	19
Discharge to Community (%)	64
Case Mix Index ¹	1.71

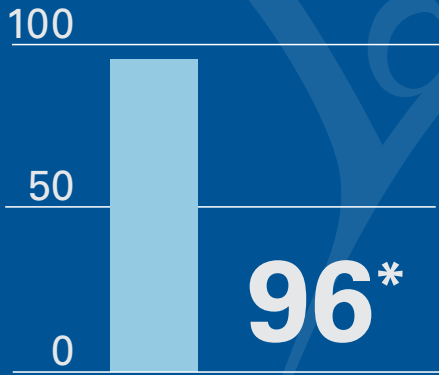
¹The higher the value, the more severe the case.

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

eRehabData – measures the patient's functional gains during their acute rehabilitation hospitalization

Press Ganey – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff

Patient Satisfaction Score



*Press Ganey

Inpatient Admission Referral Center

845-786-4535

1-888-70-REHAB ext 4535

Tours are provided

Monday through Friday

By appointment: 845-786-4233

Outpatient Appointments

845-786-4194

Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

“Thank you for such a wonderful experience. Your nurses, doctors, physical, and occupational therapists are the best at what they do. You saved my life.”



One of the country's very first specialty physical rehabilitation facilities.

Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 121 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.



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