Located in New York’s Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2021, the hospital treated 1037 inpatients, who ranged in age from 15 - 97.

Patients with lung disorders including COPD, emphysema, and cystic fibrosis, as well as those recuperating from lung surgery, can all benefit from rehabilitation.

**Pulmonary Rehabilitation goals include:**
- Increased functional capacity
- Decreased shortness of breath
- Reduced hospitalizations

### Inpatient Pulmonary Outcomes at Helen Hayes Hospital 2021

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Length of Stay (Days)¹</td>
<td>11</td>
</tr>
<tr>
<td>Discharge to Community (%)</td>
<td>90</td>
</tr>
<tr>
<td>Case Mix Index²</td>
<td>1.26</td>
</tr>
</tbody>
</table>

¹ Average length of stay for 2021 reflects impacts of coronavirus pandemic.

² The higher the value, the more severe the case.

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:
- **eRehabData** – measures the patient’s functional gains during their acute rehabilitation hospitalization
- **Press Ganey** – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff
Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

"...The sincerity of every member of your staff, who understood what we were going through, was overwhelming. In a perfect world, all health care would be modeled after your hospital. Our family cannot thank you enough!"

Inpatient Admission Referral Center
845-786-4535
1-888-70-REHAB ext 4535

Tours are provided
Monday through Friday
By appointment: 845-786-4233

Outpatient Appointments
845-786-4194

One of the country’s very first specialty physical rehabilitation facilities.

Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 121 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.