

## Inpatient Subacute Rehabilitation Unit Patient Outcomes 2022

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2022, the Subacute Rehabilitation Unit treated 387 residents, who ranged in age from 27 - 102. The average length of stay was 16 days.

### The Hospital's Subacute Rehabilitation Unit offers an expanded level of service

to patients in need of rehabilitation care and/or skilled nursing services before returning home. Subacute rehab is well suited for individuals who may not be medically able to participate in full-day, intensive therapy, such as those with orthopedic injuries, who are not yet weightbearing, as well as individuals recovering from hip or knee surgery, general surgical procedures, or those who are medically deconditioned.

#### Treatment goals may include:

#### Walking

Climbing stairs independently

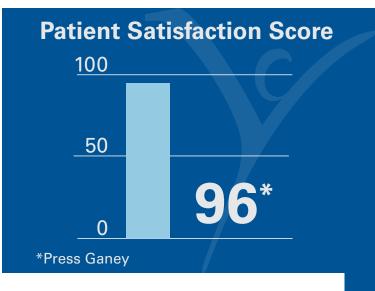
Regaining strength and endurance

Managing daily routines, such as bathing/dressing

Transfer techniques

INPATIENT SUBACUTE UNIT OUTCOMES 2022*		
	ННН	Nation
Residents who improved in their ability to move around on their own	95%	74%
Residents successfully discharged to the community	81%	53%
Percentage of residents who are at or above an expected ability to move around at discharge	67.5%	40%

\*Centers for Medicare and Medicaid Services



Inpatient Admission Referral Center 845-786-4535 1-888-70-REHAB ext 4535

Tours are provided Monday through Friday By appointment: 845-786-4118

Outpatient Appointments 845-786-4194

# Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive an individualized treatment plan, allowing them to make functional gains and improve their health status.

I was made to feel important as a person and not just another patient. The knowledge of the therapists about how to manage my individual physical therapy routine and to always know exactly what I was capable of was amazing... After I returned home I realized to even a greater degree how well prepared I was to manage at home."



#### One of the country's very first specialty physical rehabilitation facilities.

**Helen Hayes Hospital** has a well-earned reputation of excellence in rehabilitation medicine. For over 122 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.

