HELEN HALES

Inpatient Rehabilitation
Orthopedic/Joint Replacement
Outcomes 2023

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2023, the hospital treated 676 inpatients, who ranged in age from 14 - 96.

The referring physician's protocols concerning weight bearing, medication, and therapies are precisely followed and form the basis of the treatment plan at HHH, which may include:

Physical & Occupational Therapy



Individual & group therapy utilizing NuStep®, CPM & other equipment

Pain management

Patient education including falls prevention

Customized home exercise program

Both acute and sub-acute rehab options are available for orthopedic/joint replacement patients.

ALL ORTHO COMBINED OUTCOMES AT HELEN HAYES HOSPITAL 2023 Average Length of Stay (Days) All Ortho Combined Discharge to Community (%) All Ortho Combined 86.96 All Ortho Combined

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

eRehabData – measures the patient's functional gains during their acute rehabilitation hospitalization

Press Ganey – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff

Patient Satisfaction Score 100 50 97* *Press Ganey

Inpatient Admission Referral Center 845-786-4535

1-888-70-REHAB ext 4535

Tours are provided Monday through Friday

By appointment: 845-786-4118

Outpatient Appointments 845-786-4194

Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, means we can admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

"Thank you for providing me with a most perfect place to recover from total knee replacement surgery. I was so inspired by every single person I came in contact with. Each and every one took an interest in me and made me feel great."



One of the country's very first specialty physical rehabilitation facilities.

Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 123 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.

