

# Inpatient Rehabilitation Stroke Patient Outcomes 2023

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2023, the hospital treated 676 inpatients, who ranged in age from 14 - 96.

## The goal of Stroke

**Rehabilitation** is to restore the greatest degree of functioning while helping to prevent recurring strokes in the future. Providing caregiver education is vital.

## Therapy is provided for resulting disabilities and difficulties with:

- Paralysis
- Weakness
- Trouble walking
- Balancing
- Eating & swallowing
- Bathing & dressing
- Communicating
- Limitations in memory
- Emotional control
- Bladder & bowel control

### INPATIENT STROKE OUTCOMES AT HELEN HAYES HOSPITAL 2023

Average Length of Stay (Days)	22.40
Discharge to Community <sup>1</sup> (%)	46.67
Case Mix Index <sup>2</sup>	1.78

<sup>1</sup>The severity of the stroke cases we treat at HHH are higher than both the region and nation. Many of the patients that use ventilators or have tracheostomies may need further rehab at skilled nursing facilities before they are able to return home.

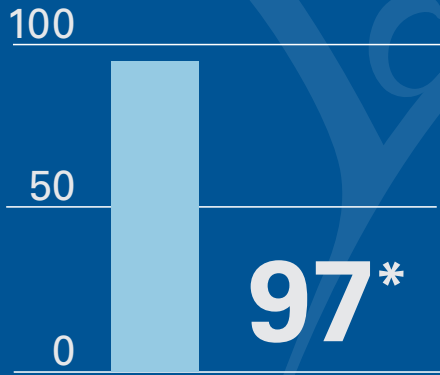
<sup>2</sup>The higher the value, the more severe the case.

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

**eRehabData** – measures the patient's functional gains during their acute rehabilitation hospitalization

**Press Ganey** – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff

## Patient Satisfaction Score



\*Press Ganey

### Inpatient Admission Referral Center

845-786-4535

1-888-70-REHAB ext 4535

### Tours are provided

Monday through Friday

By appointment: 845-786-4118

### Outpatient Appointments

845-786-4194

## Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

“...From the moment we approached your facility, from the visual signs of recovery, messages of hope, pictures of patients standing victorious, we knew that our father was in the best place he could be. We cannot thank you enough.”



One of the country's very first specialty physical rehabilitation facilities.

**Helen Hayes Hospital** has a well-earned reputation of excellence in rehabilitation medicine. For over 123 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.



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HELEN HAYES  
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