

Inpatient Subacute Rehabilitation Unit Patient Outcomes 2023

Located in New York’s Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2023, the Subacute Rehabilitation Unit treated 394 residents, who ranged in age from 25 - 101. The average length of stay was 18 days.

The Hospital’s Subacute Rehabilitation Unit offers an expanded level of service

to patients in need of rehabilitation care and/or skilled nursing services before returning home. Subacute rehab is well suited for individuals who may not be medically able to participate in full-day, intensive therapy, such as those with orthopedic injuries, who are not yet weight-bearing, as well as individuals recovering from hip or knee surgery, general surgical procedures, or those who are medically deconditioned.

Treatment goals may include:

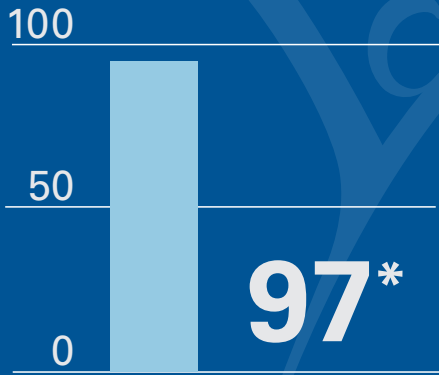
- Walking
- Climbing stairs independently
- Regaining strength and endurance
- Managing daily routines, such as bathing/dressing
- Transfer techniques

INPATIENT SUBACUTE UNIT OUTCOMES 2023*

	HHH	Nation
Residents who improved in their ability to move around on their own	97%	77%
Residents successfully discharged to the community	79%	50%
Percentage of residents who are at or above an expected ability to move around at discharge	62%	51%

*Centers for Medicare and Medicaid Services

Patient Satisfaction Score



*Press Ganey

Inpatient Admission Referral Center

845-786-4535

1-888-70-REHAB ext 4535

Tours are provided

Monday through Friday

By appointment: 845-786-4118

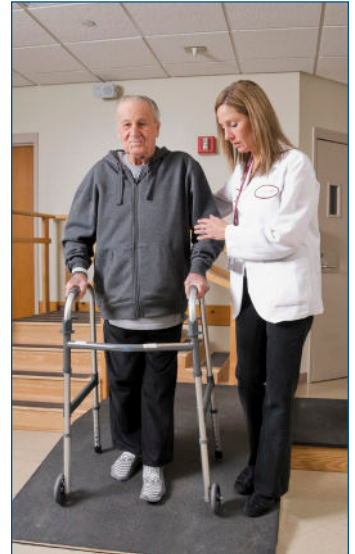
Outpatient Appointments

845-786-4194

Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive an individualized treatment plan, allowing them to make functional gains and improve their health status.

“ I was made to feel important as a person and not just another patient. The knowledge of the therapists about how to manage my individual physical therapy routine and to always know exactly what I was capable of was amazing... After I returned home I realized to even a greater degree how well prepared I was to manage at home.”



One of the country's very first specialty physical rehabilitation facilities.

Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 123 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.



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1-888-70-REHAB
helenhayeshospital.org

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