

Transitional Care Rehabilitation Unit Patient Outcomes 2023

Located in New York’s Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2023, the Transitional Care Rehabilitation Unit treated 461 patients, who ranged in age from 46 - 100. The average length of stay was 15 days.

The Transitional Care Unit (TCU) offers an expanded level of service to patients in need of short-term rehabilitation care, not exceeding 21 days, before returning home. It is an ideal option for individuals who can benefit from intensive rehabilitation and/or skilled nursing care, with the goal of transitioning from hospital to home at an improved level of functioning and mobility, including those recovering from hip or knee replacement surgery, fractures, or other orthopedic conditions, or those medically deconditioned due to surgery, complications, or other disorders.

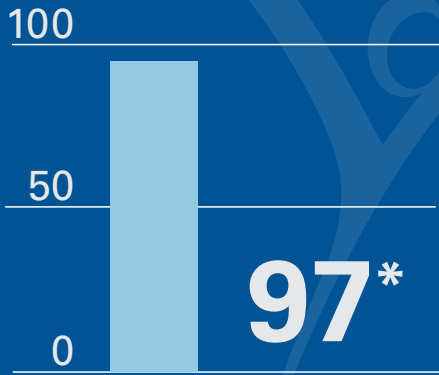
To qualify for admission to the TCU, a patient must meet Medicare criteria, which includes the need for daily skilled care. The patient must be able to participate in daily intensive therapy.

INPATIENT TRANSITIONAL CARE UNIT OUTCOMES 2023*

	HHH	Nation
Patients who improved in their ability to move around on their own	99%	77%
Patients successfully discharged to the community	85%	50%
Percentage of patients who are at or above an expected ability to move around at discharge	77%	51%

*Centers for Medicare and Medicaid Services.

Patient Satisfaction Score



*Press Ganey

Inpatient Admission Referral Center

845-786-4535

1-888-70-REHAB ext 4535

Tours are provided

Monday through Friday

By appointment: 845-786-4118

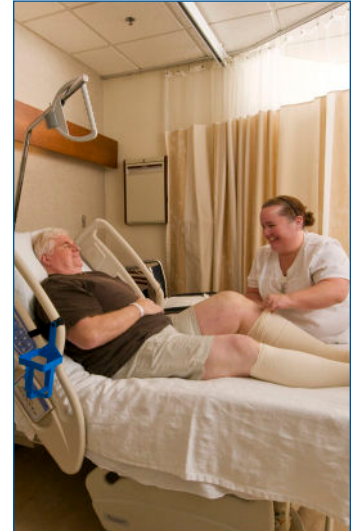
Outpatient Appointments

845-786-4194

Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

“ Thank you for providing me with a most perfect place to recover from total knee replacement surgery... I was so inspired by every single person I came in contact with. Each and every one took an interest in me and made me feel great.”



One of the country's very first specialty physical rehabilitation facilities.

Helen Hayes Hospital has a well-earned reputation of excellence in rehabilitation medicine. For over 123 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.



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1-888-70-REHAB
helenhayeshospital.org

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