

# Inpatient Rehabilitation Brain Injury Patient Outcomes 2023

Located in New York's Hudson River Valley, Helen Hayes Hospital primarily serves patients from throughout the New York Metropolitan region and also attracts patients from across the country.

In 2023, the hospital treated 676 inpatients, who ranged in age from 14 - 96.

This program treats the many complex effects of Brain Injury, such as difficulty walking, communicating, eating and dressing, limitations in memory and thinking skills, and social, emotional, and cognitive disorders.

Patients benefit from access to the latest technology and equipment, advanced therapies, a highly skilled and specialized team of clinicians, and intensive and comprehensive treatment plans, which include:

Intensive physical, occupational, and speech therapy

Coma Stimulation Program

Body Weight Supported Gait Training

Dysphagia/Swallowing Therapy

Functional Electrical Stimulation

Ventilator Weaning and Management

Adapted Driving

Adapted Sports & Recreation

TBI Support Group

Psychiatry/Psychology Services

## INPATIENT TRAUMATIC & NON-TRAUMATIC BRAIN INJURY\* OUTCOMES AT HELEN HAYES HOSPITAL 2023

Average Length of Stay (Days)	
Traumatic BI	34.78
Non-Traumatic BI	23.55
Discharge to Community <sup>1</sup> (%)	
Traumatic BI	46.38
Non-Traumatic BI	64.10
Case Mix Index <sup>2</sup>	
Traumatic BI	2.0167
Non-Traumatic BI	1.5505

\*Traumatic BI: includes motor vehicle falls, acts of violence, etc. Non-Traumatic BI: includes tumors, infection, cerebral aneurysm, etc.

<sup>1</sup> The severity of BI cases treated at HHH are higher than the nation and region. Many of the patients may need further rehab at a skilled nursing facility or transitional program before returning home.

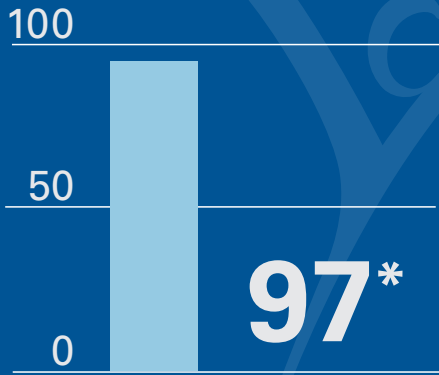
<sup>2</sup> The CMI is a measure of the medical complexity of a patient. HHH has always admitted more medically complicated and complex patients than the region and the nation.

Measuring up: Helen Hayes Hospital participates in the following nationally recognized databases that allow us to compare our patient outcomes against other facilities, both regionally and nationally:

**eRehabData** – measures the patient's functional gains during their acute rehabilitation hospitalization

**Press Ganey** – measures and tracks patient satisfaction with hospital facilities, programs, services, and staff

## Patient Satisfaction Score



\*Press Ganey

### Inpatient Admission Referral Center

845-786-4535

1-888-70-REHAB ext 4535

### Tours are provided

Monday through Friday

By appointment: 845-786-4118

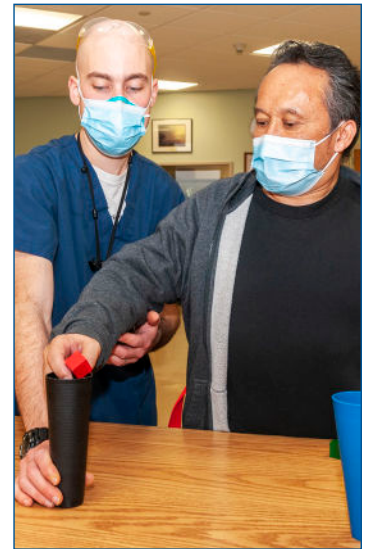
### Outpatient Appointments

845-786-4194

## Our interdisciplinary team approach to rehabilitation

and depth of medical, nursing, and therapeutic care, paired with the most cutting-edge rehab technology, allows us to admit patients sooner in their recovery. All patients receive a minimum of three hours of therapy daily, allowing them to make functional gains at an accelerated rate.

“ I wish the world could know the wonderful things that are happening on the fourth floor of Helen Hayes Hospital. In the middle of our personal crisis, we met such wonderful people – people who were where they should be, doing what they do best, caring for people who have had an injury.”



One of the country's very first specialty physical rehabilitation facilities.

**Helen Hayes Hospital** has a well-earned reputation of excellence in rehabilitation medicine. For over 123 years, we have excelled in providing the medical, nursing, and therapeutic care patients need to rebuild their lives following catastrophic injuries, debilitating surgeries, and chronic disabling illnesses. Paired with state-of-the-art equipment and technology, this expertise enables our patients to move on to active and productive lives and return to work, school, and home.



51-55 N Route 9W, West Haverstraw, NY 10993

1-888-70-REHAB

[helenhayeshospital.org](http://helenhayeshospital.org)

HELEN HAYES  
HOSPITAL