



OLDER DRIVER SAFETY EVENT

*for older drivers
and caregivers*

WEDNESDAY, APRIL 9, 2025

2:30-3:30 PM | OLDER ADULTS

3:30-4:30 PM | CAREGIVERS

Helen Hayes Hospital Noyes Conference Room

PRESENTERS:

Lynn Matthes, OTR/L/CDRS

Helen Hayes Hospital Driver Evaluator

Ellen Gold, OTR/L

Schedule:

2:30pm-3:30pm:

Presentation for older drivers covering the following topics:

- Anticipating driving changes with getting older and what can be done about it
- Defensive driving recommendations
- Self-assessment resources and warning signs
- Further evaluation from physician and occupational therapist
- How to stay engaged with and without a car

3:30pm-4:30pm:

Presentation for caregivers covering the same topics, plus:

- How to talk to older drivers about driving when you are concerned

Please register for the event by calling **845-786-4155**
or email info@helenhayeshospital.org.



Department of Health
Helen Hayes Hospital